

REMINDERS FOR THE JOURNEY

# *Bring Them Up*

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“Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.”

Ephesians 6:4

## Practical Ways to "Bring Up" Children

1. *Refuse to live through them*
2. *Avoid unhealthy pressure or expectations*
3. *Reject jealousy and contempt*
4. *Refuse to put down, demean, or damage them*
5. *Attend to their material and emotional needs*
6. *Provide experiences— especially in work and in caring for others*
7. *Grant freedom within legitimate boundaries*
8. *Create a context of grace, love, support, respect, and encouragement*
9. *Always speak the truth in love*
10. *Give a theology of life in Christ*

Adapted from The NIV Application Commentary on Ephesians by Klyne Snodgrass